

# Dietary Policy

In an attempt to better serve your group's needs, Pinerock's kitchen is requesting that any guests with special dietary needs (lifestyle choices, celiac disease, extreme allergies, etc.) bring their own food to supplement into your groups planned menu. Due to the multitude and various dietary restrictions, we simply cannot be prepared or proficient in every possible request. *A separate dietary menu will only be made for groups that meet the Dining Hall 40 person minimum. Dietary menus will only be made for restrictions that fall under gluten free or dairy free. From Memorial Day Weekend to August 1st, dietary menus will not be available for groups.*

We ask that for **groups of 100 or less, there be at least 5 guests** with dietary restrictions; and for **groups of more than 100, there be at least 10 guests** with dietary restrictions. We ask **groups of 200 or more to have at least 20 guests** with dietary restrictions. **There will be a \$5 charge, per person/per meal, for those requesting special meals prepared by the kitchen. Groups will be charged for the total number of dietary restricted guests given prior to their retreat, regardless if all members show up and/or eat the meals provided.** If Dining Hall minimum of 40 person requirements are not met a dietary menu/option will not be provided.

We ask that you send the menu to your participants and have them determine what they can and cannot eat and have them supplement accordingly. By doing this, it will help ensure that all individual needs are met and will prevent any complication that may occur from consuming food that might be potentially harmful. A substantial selection of cereal, fruit and yogurt are provided at every breakfast and a full salad bar at every dinner. A refrigerator, freezer, and microwave are provided in the Dining Hall for guest use to store and cook the items that they choose to bring.

**\*\*Please be advised that food prepared at Pinerock Camp & Retreat Center may contain these ingredients: dairy, eggs, wheat, soybean, peanuts, tree nuts, sesame, fish and shellfish.\*\***

**\*\*Pinerock Camp & Retreat Center uses communal cooking equipment and prep areas for all of our menu items and cannot guarantee that cross-contact may not occur.\*\***



**Pinerock**  
Camp & Retreat Center